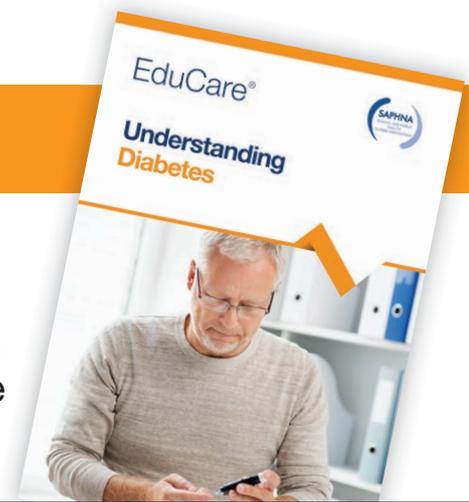


Understanding Diabetes

This course will help you to understand diabetes, a serious condition where the body is no longer able to produce insulin, or produces too little, or uses it ineffectively. At EduCare, we ensure that all of our training courses are written and endorsed by experts. This course has been endorsed by the School and Public Health Nurses Association.



Course details

- **Level 2 course as graded against the nationally accepted levels**
- **One module with a multiple-choice questionnaire**
- **One CPD credit***
- **Optional narration of the course module and questionnaire for accessibility**
- **Personalised downloadable certificate**
- **70% pass mark**
- **Printable module for future reference**

*1 CPD credit equals up to 1 hour of learning

Course content

- A look at the two types of diabetes, type 1 where the body is no longer able to produce insulin, and type 2 where the insulin produced doesn't work as well as it should.
- Information on the signs and symptoms of both diabetes type 1 and 2, with a helpful video explaining what type 2 diabetes is.
- Useful management and treatment of diabetes including information that's relevant for both children and adults.
- Further information that details a number of apps available on the NHS website that help with the management of diabetes.
- Specific first aid information for both adults and children suffering from the different types of diabetes including details on blood sugar levels and hypoglycaemic attacks.
- Important information on the treatment of a diabetic emergency, including details on checking blood glucose levels and what you can do to help them get glucose into their body.
- Procedures for emergency medication including information on the safe storage of insulin, and safe disposal of sharps.
- Further information for schools such as details on individual healthcare plans and staff who should be aware of symptoms and emergency procedures.

This course is suitable for

Anyone who wants to increase their understanding of diabetes.

Key features

- Visually engaging and highly interactive.
- Answer explanations for those who achieve the pass mark.
- A bank of extra resources to extend learning.

Pricing options

1. Available as a standalone course on the EduCare website.
2. Buy as part of our Health Awareness Bundle. For further information, please call 01926 436212 to discuss purchase options and licences.

Contents

Procedures for emergency medication

Insulin that is being used?? can be kept at room temperature. Ideally insulin that is not in use should be kept in a fridge. Insulin should not be exposed to direct sunlight or extreme temperatures. Insulin has a 'use by' and expiry date.

Many people that have diabetes will need access to a sharps bin for the safe disposal of any syringes, infusion sets or finger prick testing sharps.

You have now finished this section, click the 'Home' button to return to the main menu.

Further information for schools

Health Awareness

Diabetes

There are **10** questions in this questionnaire.

You need to score a minimum of **70%** to pass.

You have **6** attempts to achieve the pass mark.

If you need to refer to the module while answering the questions, right-click on the module link to open the content in a separate window.

Contents

What is diabetes?

Click the icons below to see information on each of the diabetes types.

Diabetes Type 1 tab

Type 1 diabetes is a serious condition where the body is no longer able to produce insulin. Insulin, **a hormone produced by the body's organ known as the pancreas**, allows the glucose that comes from food to move from the blood into the cells to create energy. This means that the levels of sugar in the blood become too high.

The cause of Type 1 diabetes is unknown and has nothing to do with diet or lifestyle.



Why choose us?



“ EduCare provides a clear and simple mechanism to train staff in a variety of crucial and mandatory areas. Staff numbers continue to grow and time to deliver training face to face is becoming ever scarcer due to increased legislation. ”

Phil Wise
Reading Blue Coat School

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