EduCare®



Preventing Bullying

This course will provide a thorough insight into preventing bullying behaviour, covering the essential facts to help you understand, recognise and tackle bullying behaviour in your organisation or setting. At EduCare we ensure that all of our training courses are written and endorsed by experts. This course has been written in partnership with Kidscape and is endorsed by experts at Bullying UK and Family Lives.



Key features

- Level 2 course (as graded against the nationally accepted levels, equivalent to GCSE grades A*-C).
- Four modules with multiple choice questionnaires.
- Four CPD hours with a personalised downloadable certificate.
- 70% pass mark.
- Optional narration of each module for accessibility.
- Additional resources for further learning and printable modules for future reference.
- Developed with Kidscape and fully endorsed by experts at Bullying UK and Family Lives.

Course objectives

At the end of the course, learners will:

- 1. Understand what bullying is, including the five components of bullying behaviour.
- 2. Identify who may be affected by bullying, as there are some groups of people who are likely to be more affected than others.
- 3. Understand the role technology can play in bullying behaviour (cyberbullying).
- 4. Be able to recognise a child who may be being bullied and understand the damaging physical and emotional effects.
- 5. Be able to put actions in place to tackle bullying in their organisation or setting.



Target audience

This course is relevant for anyone who comes into contact with children and young people of any age in an organisation or an educational setting.



Why choose us?

Kidscape is pleased to be associated with EduCare and is very happy to endorse its range of child protection courses. The online nature of the service makes it an accessible and cost-effective training model for a range of professionals who support children and young people in a variety of settings.

Yvonne Richards
Training and Development Manager, Kidscape

Module content:

1. What is Bullying Behaviour?

- The definition of bullying.
- Five key components of bullying behaviour.
- Who is affected by bullying.
- Which groups of people are more likely to be affected by bullying.
- Different forms of bullying.
- The role that technology can play.

2. The Effects of Bullying Behaviour

- The typical characteristics of people who may experience bullying behaviour.
- Those who perpetrate the behaviour.
- The difference between observing and participating.
- · Behavioural signs.
- Effects that bullying can have.

3. Dealing with Bullying Behaviour

- · Reporting and recording bullying behaviour.
- Investigating incidents.
- Working with group dynamics.
- Supporting children to handle bullying situations.
- Bullying inside and outside of school.

4. Preventing Bullying Behaviour

- What your organisation and you personally can do to prevent bullying behaviour and stop it when it occurs.
- How to create an effective anti-bullying policy.



We feel that the EduCare method is robust, engaging and easy-to-use. It is also a good resource as it allows learners to refer back to content even after they have completed their training. I would definitely recommend EduCare to other organisations who need to undertake staff training.

Julian Rhodes, Head of Education
West Midlands Ambulance Service NHS Foundation Trust



















