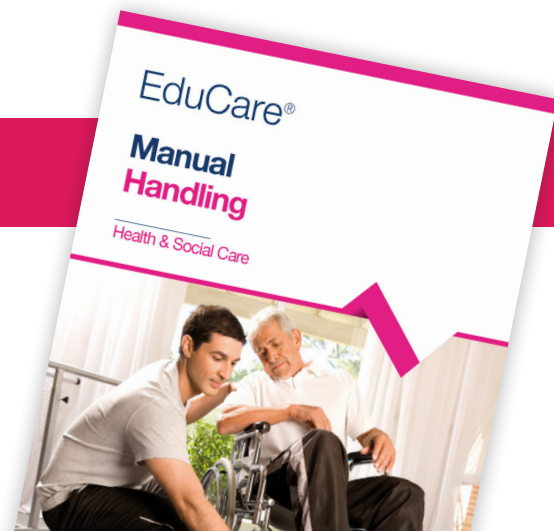


Manual Handling

This course explains what manual handling is and the risks associated with unsafe practice. It covers the principles of safer handling and how to provide the best quality care using appropriate, safe and dignified moving and handling strategies.



Key features

- Level 2 course (as graded against the nationally accepted levels, equivalent to GCSE grades A*-C).
- Two modules with multiple choice questionnaires.
- Two CPD hours with a personalised downloadable certificate.
- 70% pass mark.
- Optional narration of each module for accessibility.
- Additional resources for further learning and printable modules for future reference.
- This course has been mapped to the Care Certificate and the CSTF for health.

Course objectives

This course provides a thorough understanding of manual handling, how to protect yourself and provide the best care for patients. By the end of the course, you will be able to:

1. recognise manual handling risk factors and how injuries can occur
2. understand your own responsibilities under legislation and organisational policies for moving and handling
3. understand the principles of safer handling
4. identify how to provide patients with the best quality care using appropriate, safe and dignified moving and handling strategies
5. be able to choose suitable risk control strategies, resources and support.



Target audience

This course is relevant for anyone who undertakes manual handling and needs to understand how to protect themselves whilst providing the best quality care.



Module content:

1. Legislation and Risk Assessment

- Work-related musculoskeletal disorders.
- What is manual handling?
- Legislation and guidance.
- The five steps to risk assessment.
- Assessing risks and putting in control measures.

2. Principles and Techniques

- Spinal structure and function.
- Good back care.
- Biomechanics – The principles of safe manual handling.
- Basic principles when using equipment.

Why choose us?

“We feel that the EduCare method is robust, engaging and easy-to-use. It is also a good resource as it allows learners to refer back to content even after they have completed their training. I would definitely recommend EduCare to other organisations who need to undertake staff training.”

Julian Rhodes, West Midlands Ambulance Service
NHS Foundation Trust



“The courses are well written and use a variety of formats and exercises to vary the learning, maintain interest and reinforce subjects. The tests at the end also ensure that learning has taken place. It's also great that the courses are continually being updated, either with new content or new features, such as videos and animations.”

Dave Cartledge, Wrixon Care

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