

Health & Safety in Health and Social Care

The programme looks at the importance of health and safety and what employers and employees must do to comply with the law. It covers the key legislation and regulations and teaches participants about potential hazards, risks, risk assessments and controls. Finally, it covers specialist tasks such as agreed ways of working in relation to medication and other health-related tasks and the basic principles of safe moving and handling. This programme has been mapped to the Care Certificate and the CSTF for health.



Key features

- A level 2 programme (as graded against the nationally accepted levels and equivalent to GCSE grades A* - C).
- Six modules, including video content with six multiple choice questionnaires.
- Six CPD hours.
- 70% pass mark.
- Rich in video content.
- A personalised downloadable certificate.
- Optional narration of each module for accessibility.
- Additional resources for further learning and printable modules for future reference.
- This programme has been mapped to the Care Certificate and the CSTF for health.

Programme objectives

This programme guides you through the need-to-know essentials that will help you to work more safely and make a positive contribution to the wellbeing and security of your health or social care setting.

- 1 Identify legislation about general health and safety in the workplace
2. Describe the main points of your employer's health and safety policies and procedures.
3. Understand the importance of acting in ways that are consistent with legislation, policies and procedures for maintaining your own and others' health and safety
4. Understand the organisation's commitment to delivering services safely
5. Explain how to access additional support and information about health and safety
6. Understand the organisation's arrangements for consulting with employees on health and safety matters
7. Understand how to apply and promote safe working practices specific to individual job roles
8. Understand the meaning of hazard, risk and risk assessment
9. Know how to raise health and safety concerns.

Target audience

This programme has been developed for anyone working in a health or social care setting who is responsible for the health, safety and security of individuals.

Module content:

1. An Introduction to Working Safely

- What is The Health and Safety at Work (HSW) Act
- What is included in the HSW Act
- The basic actions that must be taken under the HSW Act and the Management of Health and Safety Regulations 1999
- RIDDOR 2013
- About COSHH, the Hazardous Waste Regulations, Sharps Instruments 2013 and what employers and employees must do to comply
- The importance of Personal Protective Equipment and the different types
- Moving and Handling

2. An Introduction to Risk Assessment and Working Safely

- Understand the meaning of hazards, risk and risk assessment
- Identify health and safety tasks that require special training
- How a risk assessment is carried out
- The five step approach to risk assessment
- Managing risks through balanced and appropriate control measures.

3. Common Health and Safety Hazards (Part 1)

- How to recognise common hazards
- Know how to handle hazardous substances safely
- What to do in the event of a fire
- Understand how to promote fire safety
- Identify best practice in working securely.

4. Common Health and Safety Hazards (Part 2)

- Further common hazards that can be experienced in the workplace; for example, working at height, poor housekeeping, temperature and lighting, transport, equipment, PPE, violence and bullying, slips, trips, falls and stress
- How hazards can be prevented and managed
- Understand how to work safely and securely.

5. Accidents and Emergencies

- Identify the types of accidents and emergencies that may occur
- How to deal with any incidents and sudden illness
- Understand what injuries are reportable
- First aid and first aid provision
- Learn how to report health and safety concerns and good practice in reporting them in your own organisation.

6. Specialist Tasks

- Understand the legislation and regulations around medication and the general principles for administering it
- Ways of working in relation to other healthcare tasks
- Understand the basic principles of safe moving and handling
- Understand how to promote fire safety
- The principles of PEACE (for moving and assisting people).

