# EduCare®



## **Concussion Awareness**

Everyone involved in sport and education has an important role to play in the management of concussion and this course is designed to provide the essential knowledge to help keep everyone safe. At EduCare we ensure that all of our courses are written and endorsed by experts. This course has been produced in partnership with Return2Play, a leader in sports medicine providing injury management solutions to grassroots sports.



### **Course objectives**

This course provides an overview of what a concussion is, how signs and symptoms may present in an injured person and how to manage the injury. By the end of the course you will:

- 1. understand what concussion is
- 2. recognise the signs and symptoms that may suggest a concussion has occurred
- 3. learn what the immediate and ongoing management of concussion should be
- 4. be familiar with the "red flags" that indicate an injured person should be transferred for urgent medical assessment
- 5. be able to identify what the risks are following a concussion and how they can be minimised.

#### **Key features**

- Level 2 course (as graded against the nationally accepted levels, equivalent to GCSE grades A\*-C).
- A fully interactive course, including optional narration for accessibility, comprising one module and one questionnaire.
- One CPD credit\* with a personalised downloadable certificate.
- 70% pass mark.
- Produced in partnership with Return2Play.
- Optional narration of each module for accessibility.
- The EduSafe Resources Bank (available as part of an EduCare for Sport/Education service) also provides additional interactive guides to help support parents, carers and young people.



#### Why choose us?

We find the EduCare for Sport licence good value for money and the online learning system very easy to administer and monitor.

Anne Lovering Head of Learning and Development at Edinburgh Leisure







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