

Child Protection in Sport and Active Leisure

Encouraging children and young people to participate in sport or physical activity has countless benefits, ranging from improved physical and mental health to promoting friendships and building confidence. Voluntary organisations, and public and private sector providers play an important role. Anybody involved in organising, delivering or supervising sport and active leisure activities has a responsibility for child protection. This course will help to raise your awareness of abuse and neglect, to recognise early signs that might indicate a problem and show you how to take action if you know or suspect that a child or young person needs help. This course is Chartered Institute for the Management of Sport and Physical Health (CIMSPA) endorsed CPD training and is also endorsed by Kidscape and Family Lives who are leading experts in child protection.



Course details

- Three modules with three multiple-choice questionnaires
- Three CPD credits*
- Optional narration of the course modules and questionnaires for accessibility
- Personalised downloadable certificate
- 70% pass mark
- Printable modules for future reference

*1 CPD credit equals up to 1 hour of learning

Course content

Module 1 Child Development

- The difference between safeguarding and child protection
 - promoting welfare (safeguarding)
 - protection against harm (child protection)
- Children's developmental needs
 - using the Assessment Framework to identify areas of need
- Developmental milestones
 - including health, education, emotional and behavioural development, identity, family and social relationships, social presentation, and self-care skills
- Positive and negative influences on child development
 - including the 'toxic trio' of domestic abuse, mental ill-health and substance misuse
- Working in a child-centred way
 - what children need
 - how the law supports a child-centred approach



Module 2 Categories of Child Abuse

- What abuse is
 - who might be affected
 - where and how it might take place
- The four main types of child abuse:
 - physical
 - sexual
 - emotional
 - neglectful behaviour
- The physical and behavioural signs of abuse
 - including scenarios and real-life cases
- Specific safeguarding issues, including
 - child sexual exploitation
 - female genital mutilation
 - post-traumatic stress disorder

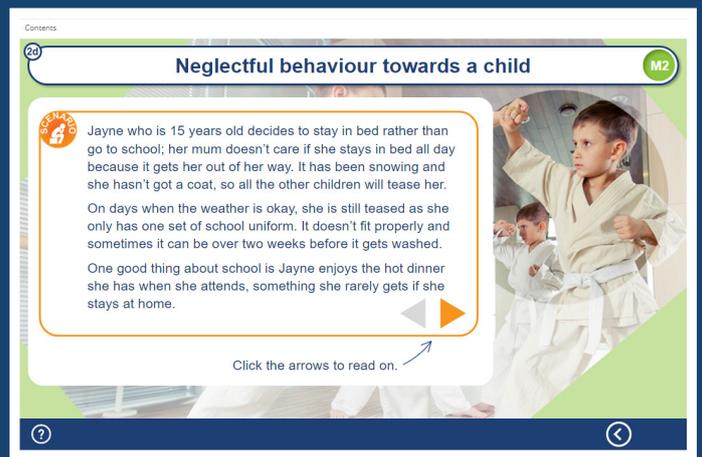
Module 3 Responding to Abuse and Creating a Safe Environment

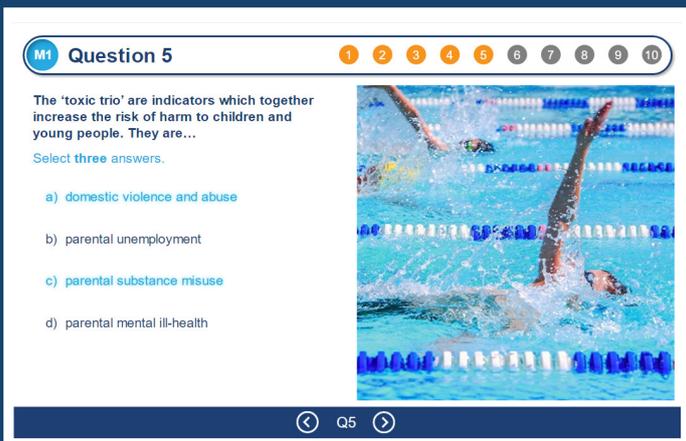
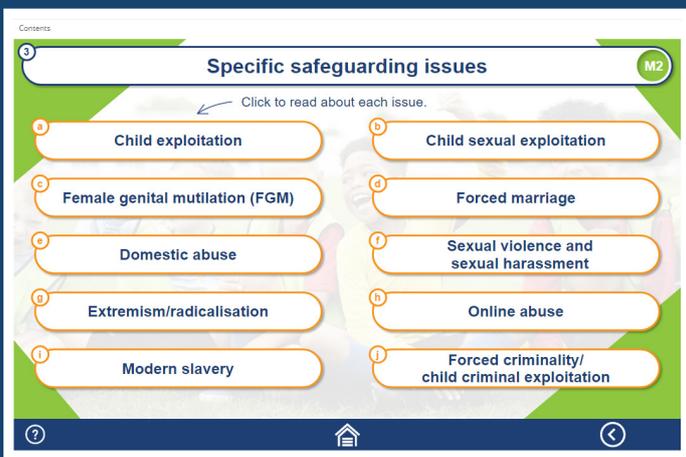
- How to respond if a child confides in you
 - what to do and not do
 - starting difficult conversations
- How to report abuse
 - in affiliated organisations such as sports clubs that are members of a national body
 - in unaffiliated organisations such as independent providers
 - in schools
 - if a child is in immediate danger
 - whistleblowing
 - allegations against staff
- Good practice
 - real life case studies
 - the role of the organisation
 - the role of the coach / teacher / employee
 - physical contact
 - photography and filming
- The importance of underpinning safeguarding in your organisation
 - general principles, including a checklist
 - how to access help and support

This course is suitable for

Anyone involved in organising, delivering or supervising sport and active leisure activities.

It is relevant for all those working in voluntary, public and private sector organisations.





Key features

- Visually engaging and highly interactive
- Videos to highlight key learning points
- Answer explanations for those who achieve the pass mark
- Additional resources to expand learning

Purchase options

1. Available as a standalone course on the EduCare website.
2. Buy as part of one of our multi-course licences. For further information, please call 01926 436212 to discuss purchase options and licences.



Why choose us?



“The Child Protection in Sport & Active Leisure course is part of our Welcome and Induction for new staff. Everyone completes the course within their first week. They like how they can train at their own pace and that they can print off their certificate of completion. We find the EduCare for Sport licence good value for money and the online learning system very easy to administer and monitor.”

Anne Lovering

Head of Learning and Development/Edinburgh Leisure

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