

Safeguarding Matters



Welcome to our newsletter

What can breaching your moral and legal obligations cost?

In terms of Duty of Care, we all have a moral or legal obligation to ensure the safety or well-being of others. Employers have a duty of care to their employees, teachers to their pupils, lifeguard staff to the users of the swimming pool, and so on.

Everyone is entitled to protection from harm and you don't have to go too far to find headlines where children or young people, vulnerable adults, ethnic minorities or the LGBT community, or in the recent case at Google, white male conservatives, have been affected by a system or individual's failure to protect them.

Whilst anyone reading about failures in safeguarding will think primarily of the people affected, it is also

important to learn lessons from the people or organisations behind the headlines; those who were responsible for that breach. There will always be cases of people who intend to cause harm, but a larger number of examples arise when a practical process was not followed correctly, training was not provided or a policy was not considered. Unintentional harm but harm nonetheless.

The costs of breaching duty of care vary widely from the human cost of those not being safeguarded from harm, to the financial and professional impact of negligence claims, to seemingly more minor breaches of data protection.

EduCare's key mission is to help deliver a safer environment for children, young people and adults at risk by sharing essential knowledge and encouraging best practice.

In the latest edition of our quarterly newsletter we have covered a broad range of safeguarding and duty of care updates, including information on working with children and young people with SEND and essential advice for keeping safe online. We hope you find it useful, we would love to hear from you if you have any comments or feedback.



Keir McDonald
Keir McDonald MBE
EduCare CEO

Be protected from presents

If you ask anyone what they received as a gift recently, a very high percentage will include a digital gift in their list such as a new gaming system, the latest smart phone or family computer. If that gift connects to the internet (and these days, what doesn't?) then it is vital to explore the rules of staying safe online.



Here are our top three online safety recommendations:

1. Get involved

How one generation, or one social group, uses the internet and social media can be dramatically different to another. If you don't know what apps are being used, how they work, what access they require, and what behaviour they elicit, then you increase potential exposure to risk.

2. Online safety is about behaviour

Learning to behave safely online will de-escalate risk. For example, any free file sharing or pirate sites expose users to harm. Within the file that is being downloaded could be some spyware that accesses web cameras, taking and sharing images without users' knowledge or consent. Behaving appropriately and only accessing content from sites that are known to be trusted and reputable reduces that risk.

3. Technology can assist

Whilst dialogue and behaviour are key to remaining safe online, practical, technological 'fixes' can also be employed. For example, using 'family sharing' functions on devices, turning off GPS and limiting access times to devices via modem settings as well as turning off the sync functions of a phone or tablet.

Further Reading

For more suggestions on how to keep yourself, and others, safe online, download our **resource**.

For certified CPD to provide your staff with the necessary knowledge to remain safe in the workplace, and to evidence this learning, our **Online Safety training course** covers how technology is changing, what children and young people do online, the risks that technology can pose as well as good practice guidelines.

Raising awareness of safeguarding and duty of care issues

Safer Internet Day	6	February
Zero Tolerance for Female Genital Mutilation	6	February
Children's Mental Health Week	5-11	February
Youth Sport Trust Conference	27-28	February
Self-Injury Awareness Day	1	March
National Apprenticeship Week	5-9	March
International Women's Day	8	March
National Child Sexual Exploitation Awareness	18	March
Sport Relief	17-23	March
Autism Awareness Week	26 - 2	March April
Academies Show 2018 London	25	April
Dementia Care & Nursing Home Expo	25-26	April

Coming soon...

We continually refresh and expand our complete Duty of Care e-learning services - providing additional content to enhance learning as well as updating existing courses to ensure our learners stay current and compliant. The following courses are due to be released and updated over the coming months.

Child Protection in Dental Practices

Co-written by an experienced Dental practitioner

Infection Control for Dental Practices

Content reviewed and updated by an experienced Dental practitioner

Child Protection Level 3, Child Protection in Sport and Child Protection Refresher

Content to be updated to follow the consultation on the 'Keeping children safe in education' statutory guidance

Visit our website to find out more

www.educare.co.uk/coming-soon

PARTNER PROFILE



EduCare work with leading experts to create our range of high-quality safeguarding and duty of care training courses.

Jonathan Taylor of BeSafe Online is an author, Social Media & Online Safety Consultant, and former Covert Internet Investigator within the Metropolitan Police Child Abuse Investigation Command and works with us on our Online Safety and Child Exploitation training courses.

Three C's

Jonathan reinforces 3 basic principles of remaining safe online: Conduct – Contact - Content

- **Conduct** yourself appropriately
- Limit your **contacts** to people you KNOW
- Post **content** that is appropriate and cannot be misconstrued or misinterpreted.

Jonathan recently gave an online safety workshop to a large multi-agency team from Derby City Council.

Read the write up



One of EduCare's newest expert partners, Ian Braid of DOCIASport (Duty of Care In Action) highlights the need take care of yourself first - so you can give care to others.

Mental health in sport

Following on from the summary of the Department for Digital, Culture, Media and Sport's (DCMS) 'Duty of Care in Sport' report that was published in EduCare's Autumn newsletter, Ian has provided the following insight that focuses on one of the key terms of reference for the report – mental health.

How a world class athlete became an ex-athlete – a personal insight

"In my capacity as CEO of the British Athletes Commission (BAC) I had the privilege to be invited to the focus group on Duty of Care in Sport to help Baroness Tanni Grey-Thompson gather evidence. I took an athlete with me to give his story to help inform the discussion.

"He told the panel that he had had a history of mental illness before joining the Talent Pathway which he kept to himself for fear of rejection before the pursuit of his dream of being an Olympian had begun. His life became one of stress and pressure to perform as

an elite athlete, to continue being funded as well as completing university course work and exams to prepare for the future. As well as pushing himself as an athlete and student he was also trying to maintain a long-term relationship. Something had to give, and it was his health. He couldn't cope and left the programme. After transition he broke down and was given no support from his National Governing Body (NGB), because the promising athlete had become an ex- athlete.

"With the support of the BAC he got professional help and is now happily married with a daughter but is, unfortunately, lost to his sport because of the lack of duty of care he received.

"What our NGBs need to consider is: How many athletes who've left the Talent Pathway as a junior or senior athlete are leaving sport completely like this athlete? Are we unwittingly losing the next generation of coaches, volunteers and officials - without whom sport could not exist?"

DOCIASport can help

Poor mental health is not exclusive to athletes but also affects many administrators and coaches who too are unwilling speak out or seek help. DOCIASport has been established to help address this problem. The company encourages the "duty" of senior staff to take care of themselves first so that they can then give care to others.

Ian sums this up perfectly: "Think about the evacuation procedures in an aircraft, who do you put an oxygen mask on first in the event of an emergency? Precisely."

DOCIASport wants sport to take care of itself to sustain the sector and maximise the value to society of providing opportunities to exercise and play sport. DOCIASport have partnered with EduCare to help sporting institutions be a centre of "wellbeing excellence" and provide people with a safe place both mentally and physically.

For more information on DOCIASport email ian@dociasport.co.uk or call 07949 533737.

RESOURCE: WHAT IS MENTAL HEALTH?



The World Health Organisation predicts that by 2030 more people will be affected by depression than any other health problem.

With one in ten children between the ages of 5 and 16 suffering from a mental health condition, it is vital that this is a high agenda item for anyone working with children and young people.

Our **FREE** resource looks at the simple definition of Mental Health, the Mental Health continuum and the common issues that affect Children and Young People.

**DOWNLOAD YOUR
COPY TODAY**



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Voices

Watch our video - 'How to promote mental wellbeing' - EduCare Voices

Stamp of Good Practice

EduCare Mark – demonstrate your safeguarding and duty of care strength

EduCare's e-learning service is designed to provide all staff with up-to-date knowledge of legislation, guidance and good practice, help to create a culture of vigilance, and ensure staff know how to respond to concerns.

What is The EduCare Mark?

The EduCare Mark is provided to EduCare customers to display as a sign of their commitment to safeguarding and duty of care, and to demonstrate that staff have access to high-quality training, created by experts.

Why display The EduCare Mark

Provide reassurance

It is crucial to be seen to take a robust and thorough approach to protecting children and young people from harm. Displaying The EduCare Mark reassures your stakeholders that all staff have access to up-to-date training content.

Protect your organisation

Our expert partner for child protection advises that “explicit and strong safeguarding procedures are a huge inhibitor to a potential child abuser looking to come to a school to gain access to children”. By displaying our mark you will demonstrate that your organisation has those procedures in place.

Demonstrate compliance

EduCare's e-learning content is always kept up-to-date, helping organisations maintain a safer, more compliant service.

EduCare[®] 
Duty of Care Expertise in our Organisation

Request your copy of
The EduCare Mark today





Founded by former special educational needs teachers, Connect are SEND specialists and have over 25 years of experience in building SEND Awareness.

Connect promote inclusion through:

- **Online courses** - Three online courses in association with EduCare which cover Dyslexia, Autism and ADHD.
- **School Workshops** - Games and activities to raise student awareness of the different special educational needs that their fellow pupils may have.
- **C-Live** - A virtual reality teacher training allows teachers to practise strategies and build confidence when supporting pupils who have SEND.

www.iwanttoconnect.co.uk



BRITISH TRIATHLON'S PARTNERSHIP WITH EDUCARE



In the wake of continuing reports of abuse in sport, British Triathlon has committed to ensure that all staff undertake online Child Protection, Safeguarding Young People and Equality & Diversity training.

In addition, all British Triathlon Affiliated Club Welfare Officers have been offered FREE access to EduCare for Sport®, EduCare's complete e-learning service for the Sports and Leisure sector which contains over 14 different safeguarding and duty of care training courses.

As part of the partnership deal, British Triathlon's qualified coaches and permitted event organisers are also able to access training at a highly discounted rate.

"As a National Governing Body, we have an obligation and a desire to ensure the highest possible standards around essential governance topics such as welfare and accessibility and, British Triathlon want to show we are leading the way in best practice.

"The support of EduCare will be invaluable in meeting these objectives.

"British Triathlon and EduCare's combined goal is to have successfully trained all British Triathlon Affiliated Club Welfare Officers by the end of 2018, whilst removing any knowledge gaps around some of the increasingly relevant topics covered within the training.

"The partnership is another point in recognition of British Triathlon's proactive approach to

good governance and being a respected NGB, following their commitment to becoming a Stonewall Diversity Champion earlier this month and supporting the LGBTQ+ charity's Rainbow Laces campaign."

Andy Salmon
British Triathlon Chief Executive

What is the GDPR?

On 25th May 2018, the General Data Protection Regulation (GDPR) will become law in all European member states, including the United Kingdom who will still be a member at that time.

The new Regulation will replace the Data Protection Act which was developed at a time when most data processing was still paper-based. There was also a limited understanding of the impact that technology would have on the way we process data.

AS OF THE 25TH MAY 2018, ORGANISATIONS THAT DO NOT COMPLY WITH THE NEW REGULATION WILL FACE VERY HEAVY FINES.

The good news is there is much you can do to prepare and EduCare have developed a course that will conclude with some guidance to help.

[Download the course for free today](#)

After completing the course you will understand:

1. The changes that the GDPR will bring to data storage and the handling and processing of information.
2. The role of the Data Protection Officer (DPO) and reporting responsibilities.
3. What 'privacy by design' means.
4. What a breach register is and what should be recorded and monitored.
5. What a 'Privacy Impact Assessment' is.
6. The steps that you can take now to help you prepare for the introduction of GDPR.





CENTENARY OF THE WOMEN'S VOTE: IS THERE GENDER EQUALITY 100 YEARS AFTER WOMEN WERE GIVEN THE VOTE?

2018 marks one hundred years since a major landmark in the history of our democracy – the first time women in the UK had the right to vote. And while it would be another decade before women under 30 would receive the same right, 1918 was the year the UK set itself on the path to equality.

Yet 100 years later, the journey is still far from complete.

Men and women share the same voting rights – but there are other barriers to parity which remain, for example the recent reporting disputes within the BBC over pay inequality.

Another good example to show how gender inequality exists is the following riddle which appears at the beginning of our **Equality and Diversity training course**.

“A young boy and his father are in a car accident. The father dies at the scene. The boy is transported to the hospital, taken immediately into surgery but the surgeon steps out of the operating room and says, “I can’t operate on this boy – he is my son”.

How is this possible?

Because of gender stereotypes and conditioning, some people can’t come up with a solution to this simple riddle. Of course, this does not mean that anybody

unable to answer the riddle is sexist or homophobic, but it does say a lot about gender roles, relationships and our expectations of certain careers.

A hundred years after many women got the vote, there is clearly still a long way to go until women are truly treated equally.

EduCare®

NEW COURSES THAT COVER STRATEGIES TO HELP CHILDREN WITH SPECIAL EDUCATIONAL NEEDS AND DISABILITIES

Written in partnership with Connect, our new 'SEND Awareness' training package includes three single-module courses designed to provide an overview of Autism, Dyslexia, and ADHD for those working in education.



COURSE OBJECTIVES

- **Autism Awareness** - covers what autism is, its prevalence and causes, how it is diagnosed and the implications for pupil learning.
- **Dyslexia Awareness** - provides an overview of dyslexia and visual stress for those that work with children and young people.
- **ADHD Awareness** - covers the causes, prevalence, symptoms and diagnosis through to treatment and how to support children with ADHD.

HOW TO BUY

The SEND Awareness package can be bought as a bolt-on to our EduCare for Education® service or each course can be purchased individually online.

Why EduCare is great for SEN?



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KEY FEATURES

- Level 2 courses (as graded against the nationally accepted levels, equivalent to GCSE grades A*-C)
- A package of three single-module courses, each with a multiple choice questionnaire
- One CPD hour for each course with a personalised downloadable certificate
- 70% pass mark
- Written in partnership with experts at Connect
- Optional narration of the module for accessibility
- Additional resources for further learning and printable module for future reference

For more information please contact:
01926 436 211